The Salford Trail is a new, long distance walk of about 50 miles/80 kilometres and entirely within the boundaries of the City of Salford. The route is varied, going through rural areas and green spaces, with a little road walking in between. Starting from the cityscape of Salford Quays, the Trail passes beside rivers and canals, through country parks, fields, woods and moss lands. It uses footpaths, tracks and disused railway lines known as 'loop lines'.

The Trail circles around to pass through Kersal, Agecroft, Walkden, Boothstown and Worsley before heading off to Chat Moss. The Trail returns to Salford Quays from the historic Barton swing bridge and aqueduct.

The Trail has been divided into ten sections, each accessible by public transport.

The Trail is waymarked throughout but waymarks can disappear! Also the route can change, sometimes at short notice, but the text only versions will be as up to date as possible. The original maps will still be useful but may not be completely accurate. You can report any problems or changes to <a href="mailto:salfordtrail@ukwalkers.co.uk">salfordtrail@ukwalkers.co.uk</a> We also welcome any feedback or comments.

			UPDATED
Walk 1 - Salford Quays to Peel Park	5 miles/8km	about 2.5 hours	13/8/2023
Walk 2 - Peel Park to Kersal			13/8/2023
<i>Route A</i> . 5 miles/8km, about 2.5 hours	Route B. 3 miles/5km	about 1.5 hours	13/8/2023
Walk 3 - Kersal to Clifton	5 miles/8km	about 2.5 hours	13/8/2023
Walk 4 - Clifton to Roe Green	3 miles/6km	about 1.5 hours	13/8/2023
Walk 5 - Roe Green to Walkden	6.5 miles/10.5km	about 3.5 hours	13/8/2023
Walk 6 - Walkden to Worsley	5.5 miles/9km	about 2.5 hours	13/8/2023
Walk 7 - Worsley to Barton or Brookhouse	3.5 miles/6km	about 2 hours	13/8/2023
Walk 8 - Barton Bridge to Salford Quays	3.5 miles/6km	about 2 hours	13/8/2023
Walk 9 - Brookhouse to Irlam	5 miles/8km,	about 2.5 hours	13/8/2023
Walk 10 - Irlam to Cadishead	7 miles/11.5km	about 4 hours	13/8/2023